



Careers information sheet

Beauty Therapy

What do Beauty Therapists do?

Beauty therapists offer their clients facial and body treatments such as:

- make-up and tanning
- eyelash and eyebrow shaping
- manicures and pedicures
- removal of unwanted hair
- body massage and aromatherapy
- non-surgical skin therapies.

Beauty therapists work in salons and beauty clinics as well as hotels and health farms. There is a strong demand for professional therapists with management and higher level technical skills. Many Beauty therapists are self-employed and run their own salons.

(Source: Habia/jobs4u)

There are several different pathways to become a qualified Beauty Therapist.

- ROUTE 1 - Work based learning - Apprenticeship
- ROUTE 2 - Vocational learning 1
- ROUTE 3 - Vocational learning 2

Go to the Key Routes web pages for interactive versions of these –
<http://www.keyroutes.org.uk/areas/hairbeauty/opt-beauty.aspx>

What else should I be doing?

It would help your Beauty therapy career to:

- find part time work where you will meet the public and use your communications skills
- look for work experience in a beauty salon
- develop your decision making and problem solving skills
- keep up to date with fashion and trends
- read health and beauty magazines such as Top Sante or Marie Claire
<http://www.marieclaire.co.uk>
- be a model for beauty therapy trainees
- keep fit - this is active work

Useful links

The British Association of Beauty Therapy and Cosmetology (BABTAC)

<http://www.babtac.org>

represents beauticians and therapists.

CIBTAC

<http://www.cibtac.com>

is an International Examination Board for Beauty and Holistic Therapists.

The Royal Institute of Public Health

<http://www.riph.org.uk>

offers courses and qualifications relevant to the work place including Health and Safety and Salon Hygiene.

ITEC

<http://www.itecworld.co.uk/beauty>

offers level 2 and 3 qualifications in specialist areas such as Aromatherapy and Indian Head Massage.

NVQs in Beauty Therapy are accredited by:

The Vocational Training Charitable Trust

<http://www.vtct.org.uk>

Edexcel

<http://www.edexcel.org.uk>

City & Guilds

<http://www.city-and-guilds.co.uk>

Suppliers of beauty therapy preparations and equipment may also offer short courses on the use of their products.